What’s recommended?

Premutation carriers (55-200 CGG repeats) have a higher risk for premature ovarian insufficiency.

Today, guidelines recommend fragile X testing for women with a history of premature ovarian insufficiency.¹

However, little is known about the prevalence of premutation carriers among all women seeking fertility treatment.

What did we find?

Progenity looked at >200,000 women to determine whether premutation carriers are more common in referrals from reproductive medicine.²

What does this mean in practice?

Reproductive medicine specialists should expect and prepare for a higher rate of fragile X premutation carriers in practice.

What to do?

Routine testing of women with fertility related indications will identify more fragile X carriers, allowing these patients to better plan for their family.

Start with a conversation.
Talk to patients and colleagues. Help everyone prepare for life.

Learn more.
See the full data at Progenity.com/research

REFERENCES